

Patient Participation Group Spring 2025 Newsletter

Surgery Opening Hours

08:00 - 18:30 Monday to Friday (Closed bank holidays)

East Northants Hub

18:30 - 20:00 Monday to Friday 09:00 - 17:00 Saturday (Closed Sunday & Bank Holidays)

Hub appointments will be at either of these surgeries:

Harborough Field Surgery 160 Newton Road, Rushden NN10 0GP

or

The Cottons Medical Centre Meadow Lane, Raunds NN9 6UA

Out of hours services

Corby Urgent Care Centre

Cottingham Road, Corby NN17 2UR

08:00 - 20:00 Everyday (including Bank Holidays)

2 01536 202121

The centre deals with a range of minor illnesses and injuries but cannot help with long standing conditions managed by your GP.

■: Corby Urgent Care Centre

Life-threatening emergencies

Call 999

Life-threatening emergencies are different for Adults and Children.

For guidance visit when to call 999

Non life-threatening emergencies

For help with a child under 5 years old call 111.

For guidance visit NHS Online.

Anima

Since the 13th February 2025, Higham Ferrers Surgery has gone full total online Anima Triage.

This means all appointments and medical requests now need to be submitted online via Anima.

Practice reception will no longer be able to book appointments over the phone or by walking into the practice.

Anima allows the practice 'Clinical Triage Team' to continue to improve access times by helping them to direct you to the most appropriate care for your medical needs. This ensures the practice make use of their limited resources in the most safe and efficient way.

All appointments will continue to be offered according to clinical urgency and need.

Anima requires each patient to create an online account. All you need for this is an email address, it is a very short and simple process.

Click here for a short video on how to set up an Anima account.

Click here to sign up or to log into Anima.

You can also add dependants to your account who don't have email i.e. Children, Vulnerable Patients.

Click Here for a short video on how to add a dependant.

For patients who do not have internet access or fall under a vulnerable category, the practice reception team are always happy to help.

The reception team are able to submit requests on behalf of vulnerable patients. Who will then call them back to inform them of the outcome of their request.

Please note, the reception team still cannot book appointments, they will only submit a request on your behalf.

For more information about Anima please Click Here

Spring Covid Vaccinations 2025

The covid spring booster vaccination programme will commence 1st April till 17th June 2025.

Eligible criteria for this year's vaccinations are:

- Care home residents
- 75 and over
- Immunosuppressed

All eligible patient's will be sent an invite within the coming weeks.



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Surgery Appointments

Anima Opening Hours 07:30 – 11:30

All appointments are to now be requested via Anima.

Whenever you have a health concern, you will need to complete a request on the **Anima website**.

There you can submit requests for a variety of medical and administrative queries.

If you want to request a GP appointment, please select the option "I want help with a medical issue".

Call / Enquiry times

Test results

13:00 - 15:00

(10:00 - 12:00 on PLT Wednesdays)

Prescription queries

13:00 - 16:00 Mon, Tues, Thurs

09:00 - 12:00 Weds & Fri

Referral queries

12:00 - 14:00

Insurance queries

10:00 - 12:00

The PPG

The Patient Participation Group works with the practice and patients to facilitate improvements and acts as a critical friend.

Visit our <u>web page</u> for more information.

NHS APP

NHS England are still encouraging all patients to download the NHS App. The NHS App gives you a simple and secure way to access a range of NHS services and access to your GP Health record.

What you can do with the NHS App

- Order repeat prescriptions and nominate a pharmacy where you would like to collect them.
- Book and manage appointments.
- View your GP health record to see information like your allergies, medicines and test results.
- Book and manage COVID-19 vaccinations.
- Register your organ donation decision.
- Choose how the NHS uses your data.
- View your NHS number (<u>find out what your NHS number is</u>).
- Use NHS 111 online to answer questions and get instant advice or medical help near you.
- Search trusted NHS information and advice on hundreds of conditions and treatments.
- Find NHS services near you.

For more information or to download the NHS App please visit NHS App

999 Emergency Poster

One of the practice PPG members has made a poster for patients to use for easy access information in an emergency situation. This is ideal for children, or vulnerable adults who may forget information.

The poster has certain sections (that you can update with your information) that the emergency services will need i.e. House number, Postcode and what3words.

To download the 999 poster, please Click Here

what3words is the easiest way to describe any precise location. It has divided the world into 3 metre squares and given each one a unique identifier made from three words.

To find your what3wrods location, please <u>Click Here</u> (you will need to input your address to be given your unique 3-word location).

Dates for the Diary

- > 7th April World Book Day
- > 13th May Mental Health Awareness Week